

**Beth Shalom Sisterhood Presents:
Sarah Peltzman Educational
Series:
"A Menu for Your Mind"**



*All sessions will be taught by our very own Hazzan
Tahl Ben-Yehuda*

Unit 1 Topic: "Forgiveness and Preparation for High Holidays"

Dates: August 22, 29, September 5, 12, and 19, 10:00-11:30.

This will be a discussion of Sins, but NOT a how-to! We will discuss sins against people vs. G-d, and how to prepare for the High Holidays, including Rosh Hashanah, Slichot, Yom Kippur, Taschlich, Sukkot, Hoshana Rabba, Shmini Atzeret, and Simchat Torah.

Unit 2 mini-session Topic: "Fasts and Feasts"

Dates: November 7, 14, 21, 10:00-11:30

This will be a dive into lesser-known holidays, and how we celebrate them. We will study the Israelite practices surrounding celebration as well as fasting during and after the Temple Period.

Unit 3: "Lashon Hara"

Dates: January 9, 16, 23, 30, and February 13 (week after Tu B' Shevat seder) 10:00-11:30

Lashon harah is the halakhic term for speech about someone that is harmful to them, even if it may be true. It is considered to be a very serious sin in Jewish tradition. We will study rabbinic thought on lashon harah and modern understanding of it, and we will grapple with the very real impact of the negative mitzvah to avoid lashon harah on our own lives.

Unit 4 Topic: "Women in Judaism - Biblical/Medieval/Modern"

Dates: April 24, May 1, 8, 15, and 22, 10:00-11:30

We will go over women-specific topics within Judaism: marriage and divorce, motherhood and barrenness, dependence vs independence (public & private roles), and leadership roles. Throughout this session, we will consider women's contributions to Judaic Studies from ancient times to modern perspectives.

[Click Here](#) to register or type in:

<https://bethshalomkc.org/2024/07/sarah-peltzman-educational-series-2024-2025/>

Contact Leah Haller for questions: Ischallheim@gmail.com