JANUARY 2018 | TEVET - SHEVAT | 5778 | VOL. 88 | NO. 5





A Chef-Created Evening Inspired by Tu B'Shevat ∽ The Festival of Trees Benefiting Congregation Beth Shalom



A four-course kosher gourmet feast with wine blending the seven species from the Land of Israel with the flavors of America's Heartland Presented by James Beard Award Winning Chefs, Megan and Colby Garrelts of Rye and Bluestem

Sunday, January 21, 2018 Congregation Beth Shalom 14200 Lamar Avenue **Overland Park**, Kansas

> Cocktails 6:00pm Dinner 7:00pm

Tickets \$125 per person Sold Out! For waitlist or donor information: 913.647.7279





Playing, Learning AND Experimenting

Beginning January 12, Hazzan Ben-Yehuda and I are going to begin a multi-month project called Shabbat Lab, where we are going to be starting from scratch with our Friday night service rebuilding it with singable, engaging melodies. It will have a casual vibe, much like our Rimon Service on the second day of Rosh HaShanah. From January until the late Spring, we are going to slowly rebuild the Kabbalat Shabbat portion of our service one prayer at a time.

Our goal is to create an atmosphere that is filled with singing, ruach, and smiles so that when someone walks in the door, they are swept up in the spirit of Shabbat. We are calling it Shabbat Lab, like a "Lab" in high school or university where we learn together by doing.

Together we will learn the words to the Psalms, grow in confidence to sing together, and also learn the meaning behind the words. We want to connect our voices to our minds, souls, and hearts.

During the months of the Lab, we will take time to dive deep into the prayers, get to know the others in the room with whom we are singing and praying, allow ourselves to make mistakes, and work toward a "grand re-opening" of our Friday night service after Passover.

Here's the best part: there are no committee meetings and no fundraising involved. It will be the same time of 6:00 pm and last no longer than one hour every Friday night. All you need to bring is yourself, your voice, an open heart, and friends or family to share the experience. This is open to ALL ages. We recognize that sometimes children (of all ages) get hungry so it's ok to bring a vegetarian snack, with you.

We understand that we all have different Hebrew reading abilities, so we will have transliterated booklets available for the entire service.

We also don't like taking time to think about what to wear, so please come in whatever clothing is easiest to get here on Friday night. For some people, you might be wearing a suit coming straight from work, for others, you may be wearing jeans and a polo. We care more about you – than what you are wearing.

We also have busy schedules. So, we understand if you can't join us every week – but we'd love it if you try to come often to help us create a new Friday night culture.

The inspiration for this rebuilding project comes from the great feeling Hazzan and I have had at Jewish summer camps and at small synagogues in the neighborhoods of Jerusalem. Though we are not going to build a lake like summer camp, and Overland Park doesn't look like Israel, we know that having lots of friends together raising their voices can lift our own spirits.

and M. Chiling

RABBI DAVID M. GLICKMAN dglickman@bethshalomkc.org

PopUpRabbiKC

WEDNESDAY - 1/10/2018 10:00-12:00 pm at Brookdale Senior Living 12000 Lamar Avenue, Overland Park KS

WEDNESDAY - 2/7/2018 3:00-6:00 pm at Thou Mayest Coffee Shop 419 E 18th St, Kansas City, MO

Downtown Talmud Jam

WEDNESDAY - 1/3/2018

WEDNESDAY - 2/7/2018

WEDNESDAY - 3/7/2018

Talmud Jam South

WEDNESDAY - 1/17/2018

WEDNESDAY - 2/14/2018

WEDNESDAY - 3/21/2018

Summer Camp Experience

by SHIRA ZIGLER

It may feel like winter just started, but summer is right around the corner! What is the best part of summer? CAMP! How I wish I could go back to the days of swimming, playing games, art projects, and goofing off with friends without a care in the world! Luckily, as a parent I can relive these memories vicariously through my two daughters! Through their eyes, I have spent several years at Camp Beth Shalom at the Rose Family Early Childhood Education Center, attended art camps, cooking camps, drama camps, and various other camps in our community. These day camps have all been a blast, but this summer I finally get to go to sleep-away camp! I have been bombarded with memories of packing up my belongings into a duffel bag so large I could zip myself up inside the bag; sitting in the chadar (dining hall) having all you can eat food contests, singing, and dancing on Shabbat; sailing on the lake; writing favorite poems and stories in blank journals we called "nothing books"; drinking Kool-Aid out of baby bottles. Jewish sleep away camp is not only a fun way to spend your summer, it is a unique opportunity to live Jewishly for weeks at a time. It is an opportunity to gain personal independence as well as Jewish independence.

We are very lucky in the midwest to have multiple Jewish sleep-away camps to choose from. Even luckier, we at Beth Shalom have a community that is so dedicated to Jewish experiences that we have a scholarship fund for Jewish sleep-away camps. For applications please go to our website or contact the synagogue office at 913-647-7279. Applications are due January 15. For early childhood camp enrollment information contact Judy Jacks Berman 913-647-7285.

Rabbi Gershon Hadas Guardian Society Scholarship Program

The Hadas Scholarship Program is a community fund sponsored by the Jewish Federation and is available to the Jewish children of Greater Kansas City. For many years, this scholarship program has enabled hundreds of young people to participate in Jewish enrichment summer programs, including camps and Israel programs. In addition to scholarships for regular summer camp attendees, funding is available for the following:

Summer Camp Applications through Beth Shalom

Each year CBS has many students attending Jewish summer camp programs. We know our students develop on many levels through these excellent programs. A positive camp experience can have a long-term and meaningful impact on a child. Need-based scholarship forms for Summer Camp are available on the CBS website at www.bethshalomkc.org. The application must be completed in full and returned to the PRS office to Jill Goldstein (with a current tax return form) by February 8, 2018. The maximum amount for scholarships is \$500, and the awards will be finalized by the end of March.

First Time Campers Fund "Incentive Grants."

First Time Camper "incentive grants" are provided on a firstcome-first-serve basis. In order to qualify for a First Time Campers Fund incentive grant of \$1,000, the student must live in the Greater Kansas City area and attend an approved Jewish camp program of at least three weeks in duration. Beginning this year, if the camp program is less than three weeks, students will receive a \$500 grant.

Long-Term Israel Program "Incentive Grants."

Thanks to a generous bequest from the Louis Family Memorial Fund, the Guardian Society assists individuals who wish to participate in long-term Israel programs after high school or college.

For more information contact the Federation office, 913-327-8104. For a list of programs supported by the Rabbi Gershon Hadas Guardian Society, or an application, contact Jill at 913-647-7279.

The Sanford M. Dunn Scholarship for Study in Israel

Created in 1988 in memory of Sanford M. Dunn by his wife Patsy and children Daniel and Debbi, the scholarship is awarded on the basis of merit, not financial need, demonstrated by:

- A record of academic achievement
- A bona fide proposal for study in Israel, as part of an established program or as an individual or original project
- References from teachers, rabbis or similarly qualified individuals
- Or any combination of the above

Age of applicants is not a factor, and while they need not be affiliated with the synagogue, first preference will be given to meritorious applicants from CBS.

To apply, download the application from our website or email **jgoldstein@bethshalomkc.org** for an application.

A Guide for Setting Limits & Discipline

by JUDY JACKS BERMAN

jjb@bethshalomkc.org | 913-647-7287

The top four challenges I hear Preschool parents talk about are food, sleeping, potty training, and setting limits/discipline. It is my philosophy that children feel safest and most loved by well-defined, clear expectations. When parents do not set definite rules with their children, kids do not feel safe. They may think they want to be in control, but they do not have the life skills to control their lives.

At RFECEC the way we discipline is telling the children which behaviors we expect. For example: "walking feet" instead of "no running" or inside voices instead of "no screaming". Also, when children are really loud, it is amazing how quickly they get quiet when the adult speaks quietly. Of course there are times when telling children the behavior you expect does not work, and then we resort to "Sit and watch how the other children play gently with their friends". Some may call this "time out", but in most cases we want the children to see other children appropriately playing and having fun.

When children have a temper tantrum, it can be handled two ways. Put them in their rooms and tell them you do not want to be with them while they are out of control, and when they regain control they can re-join the family. Remember to let them know how happy you are to be with them when they are back in control. Or, if you have a child who is having a lot of temper tantrums you may want to try a "feel better area". This is a soft area with either a bean bag chair or soft chair, soft pillows, a soft blanket, sensory balls such as koosh balls and nubby balls, stuffed animals and cotton balls. Masking tape balls or bubble wrap are also good to have in this area.

When your child is getting upset you can suggest they go to the "feel better area" to sit and cuddle and calm themselves down. If your child really needs to throw something, have a snow ball fight with cotton balls, nerf balls, large pompoms with targets to throw at or containers to throw into. By finding positive outlets for potentially negative behavior, you are teaching your child how to behave in a socially acceptable way, and they will be happier little people!

PJ Havdalah













Kinnus







Sisterhood Happenings

by CAROL YARMO shpres@bethshalomkc.org

From Your Sisterhood President,

As we begin 2018, I want to brag a bit about some of Sisterhood's accomplishments since July of 2017.

In addition to our reoccurring mitzvah projects (Banishing Bullying Behavior, Children's Place, PrayerWorks, Ronald McDonald Family Room, Sunshine Committee and Warm Up America), we have collected and donated almost \$1000 to Kansas University Cancer Research, 2 long tables full of food items for the Jewish Food Pantry and over \$500 worth of Personal Care items to Safe Home.





We also continue to have great turnout at our Peltzman Adult Education classes, Sisterhood Book Club, and our major events. If you would like to be a guest at one of our Board meetings (January 10, March 14, or May 9) just let me know.

We are looking forward to upcoming programs like Sisterhood Shabbat on Saturday, January 27, a new Sunday afternoon program on March 4 at the home of Rhonda Fromm, Torah Fund Luncheon on April 5, and we are also busy making plans for the Spring program on May 15. Watch for publicity on these programs.

If you would like more information about any of our programs or would like to help facilitate at these events, please contact me at 913-642-1199 or carolyarmo@gmail.com. Come see for yourself how enjoyable and rewarding it can be to be an active member of our Sisterhood!

What is Torah Fund? What does Torah Fund Support? How do I support Torah Fund?



Sisterhood will begin its annual Torah Fund Campaign, the dedicated philanthropy of Women's League for Conservative Judaism, this month. Solicitation letters will be mailed soon. Torah Fund strengthens Jewish

Education by supporting scholarships and programming at our Conservative/Masorti Institutions of higher Jewish Learning: Jewish Theological Seminary (New York), Ziegler School of Rabbinic Studies (Los Angeles), Schechter Institute of Jewish Studies (Jerusalem), Seminario Rabinico

Sisterhood Celebrates it's 94th Birthday

Sisterhood, the oldest auxiliary organization of our congregation, invites the entire congregation to join us for Sisterhood Shabbat to celebrate our 94th Birthday on Shabbat morning, January 27th, 2018. This is a time when we honor our Sisterhood members, especially those who have graciously given both monetary gifts and gifts of their time.

The Parshah to be read is *Beshalach*, the story telling us how God parted the Sea of Reeds, the Hebrews crossed over into

Latinoamericano (Buenos Aires), and Zacharias Frankel College (Potsdam).

Through this campaign we are proud to support the education of rabbis, cantors, educators, and scholars who will serve as the future leaders and innovators of the Conservative Movement. Torah Fund has raised more than \$95 million since its establishment in 1942 as a grass-roots fund-raising campaign. Our campaign will conclude with our annual Passover Luncheon to be held on Thursday, April 5. Contribute to Torah Fund and celebrate our success at our "Spring Happening". Any donation is appreciated, and those of \$18 and above and received prior to mid-March, will be recognized in our luncheon's program.

the Promised Land and the men and women rejoiced with the Song of the Sea.

The service will be led by our Sisterhood members. The D'var Torah will be given by our Vice-President of Education, Suzanne Lange, Ph.D., and her topic will be "How to Lose the Slave Mentality." We hope you can join us for this beautiful service and Kiddush luncheon. Sisterhood is looking forward to seeing you.

Visit the Beth Shalom Sisterhood Gift Shop For All Your Judaica & Non-Judaica Needs

Thank YOU for supporting The Gift Shop during our Hanukkah sale. Our success was due to YOU! Next month we are planning another sale - stay tuned...

Sarah Peltzman Adult Education Classes

The second session of The Sarah Peltzman Adult Education Classes for 2017- 18 will begin on Thursday, February 1 and run until May 3, from 10:00 - 11:30 am, in Goldsmith Hall. <u>The Prayerbook: New Interpretive</u> <u>Methods</u> will examine the many prayers comprising our prayerbook. Participants will look at the prayerbook in a different way and investigate Shabbat and weekday prayers, with an eye toward personal meaning. Once again the material for the classes will come from the "Project zug.org" website. There is no additional cost for those who registered for the first session. New participants will pay \$18.00 for the course. Our teachers will be Rabbi David Glickman and Hazzan Tahl Ben-Yehuda. The classes are open to the community. For more information contact: Suzanne Lange, Education Vice-President, 785-841-0919 or Suzvick@yahoo.com.

Polsky Religious School



Fieldtrip to Shabbat

by HAZZAN TAHL BEN-YEHUDA hazzantby@bethshalomkc.org

In December, the synagogue did something new, something daring, something out-of-the-box, and exciting. We invited parents and children between kindergarten and seventh grade to come learn together in a Shabbat environment instead of having PRS on Sunday. Families whose kids attend both PRS and HBHA joined us as well: We called it a Fieldtrip to Shabbat.

We started the morning with a nosh and a story with Hazzan and Rabbi Glickman. The children then alternated between fun, Shabbat-appropriate learning about Shabbat, and the Torah stories for this time of year, and a special learners'Torah Service, where the children all received an Aliyah to the Torah, and every child who wanted to help carry the Torah scroll did so. The program concluded with all the kids together to act out the dramatic story of Jacob's life, and was followed by a community Shabbat Kiddush lunch.

Why "sacrifice" a day of learning in Sunday school for a day of play together in shul, you may wonder? Well, here's the secret – a day of playing Jewish on Shabbat is actually worth losing a Sunday here or there! We did so much together that Shabbat morning; most importantly, we created a feeling of community that is one of the greatest purposes that Beth Shalom can serve. Children and adults met, ate, laughed, learned Torah, prayed a little, sang, ate some more, and hopefully made plans to see each other again soon. Connections were formed and connections were strengthened.

While this Shabbat experiment won't replace PRS Sunday School any time soon, we will repeat this "Fieldtrip to Shabbat" in March. If you want to share feedback on this program, please do reach out to Hazzan Ben-Yehuda via email or in person. If you would like to be involved in the planning of the next Fieldtrip to Shabbat, please let me know – I'd love your input!

Kindergarten Roundup

Polsky Religious School will showcase its nationally recognized religious school program at its annual kindergarten round-up on Sunday, January 28. Families with prospective kindergarten students should meet in the foyer outside Goldsmith Hall at 10:30 am. Prospective kindergarten students will join our current kindergarten class for fun activities and a snack. Parents will meet with Hazzan Tahl Ben-Yehuda, Director of Congregational Learning, and will visit the kindergarten class.

We need your help to spread the word about our outstanding school to

others! If you know of a family with a kindergarten-age child next Fall who has not received an invitation from the school, or if you know of a family that does not belong to CBS who would like to see the program, please contact Jill Goldstein at 913-647-7279, or jgoldstein@bethshalomkc.org.

ברוך דין האמת

Praised is the True Judge

Baruch Dayan HaEmet

Of Blessed Memory We express condolences to our Beth Shalom Members, their Families and Friends.

Jeanette Rosen, z"l Florence Kaplan, z"l NOVEMBER 29 - 11 KISLEV DECEMBER 4 - 17 KISLEV

PLAQUES HAVE BEEN DEDICATED In Memory Of...

Harry Levine

Marie Millstein

Yahrtzeits Join us for morning or evening minyan to say Kaddish for your loved one. See service schedule, page 11.

Victor Lerner

Louis Barash William Copaken Elimelech Gordon Harry A. Horovitz Zissel Kamar Jules E. Kohn Fanny Krasne Irving Malashock Kate Meltzer Harold Riss Joseph S. Rittmaster Cyd Sandelman Morris Schnider Sophia Walter Isaac Zale

14 TEVET-JAN. 1

15 TEVET - JAN 2

Sophia G. Adelman Jacob Bernstein Blanche Bloch Louis Bronstein Bessie Cohen Simon Dubinsky Jeanette F. Gidinsky Mary Greenstein Clara Gumowitz Joseph Gutovitz Sam Hipsh Frank Katz Max Klein Abraham LaBow Sarah Lesky Frances Levitch Samuel Lichtor Sol Morris Michael Rafiel Bessie Rubenstein Fannie P. Schick

16 TEVET - JAN 3

Marvin J. Copeland Herman L. Fabian Rahle Gelhaar Ike Grossman Edward J. Kanter Elsa G. Levin Harry Levin Rose S. Levine Minnie Levy Jacob Pfeffer Israel Schlozman **Barney Stevens**

17 TEVET - JAN 4

Charles Berger Lena Bergman Rhonda DeLong David S. Dolginow Milton Franks Ely Freed Rose Geller Ada Gershon Betty Helfand Rose Hershon **Emanuel Joffee** Samuel S. LaPort

Harold Nicholas Selma Reingenheim Harry Yukon 18 TEVET - JAN 5 Micah T. Bratt Harry Byers Anna Feld Nathan Haith Seena H. Kaufman Charlotte Kline Mamie H. Krigel Bessie Rogozenski Barney Stone 19 TEVET - JAN 6 Harry Baier Frances Berger Freda F. Block Jacob Cohen Florence Denebeim Sidney I. Glaser Melvin N. Greenberg Simon Kulvin Frank Levin Steve S. Pack Morris Rogozenski Michael Rosenbloom Lena S. Smith David Spellman 20 TEVET - JAN 7 Albert K. Ball Hayman Barewin Sam Baum Morris Brown Boris Galitzky Sarah Ginsberg Harry Gitterman Dorothy Gottlieb Livie L. Halperin Seymour D. Traxler Morris Wolfson 21 TEVET - JAN 8 Harriet Azorsky Baila K. Baellow Kelman L. Bovos Arvie Goldstein Henry Hakan Daniel M. Hollub Earl Katz Isadore Marks Esther Morris Shirlev Moskovitz Benjamin Portman Betty L. Shenker 22 TEVET - JAN 9 Paul Bavzman Max Benjamin Gustav Einhorn Jacob Grinpas Arthur Harris Sherry Kaplan Isadore D. Levine

Mildred Lipsey Sidnev Simon Sarah Smith Rita J. Tilzer Bessie Turock Martin Brenner Morris H. Dunn Bessie Ellis Helen Feingold Anna Grossman Thelma House Daniel Markel

Badannah Silverman 23 TEVET - JAN 10 Bertha Dworkowitz

Rose H. Jacobson Solomon Rubinfire Rachel E. Schere Irving Schoenwald Rebecca Schreiber Mollie Schwartz

24 TEVET - JAN 11

Roy Bisman Robert Blond Felicia S. Kisluk Ella C. Lieberman Rose Millstein Leonard Rifas Fannie Rothschild Mary S. Taxman

25 TEVET - JAN 12 Sam Barash

27 TEVET - JAN 14

Gustave Eisemann Gilbert Katz Manuel Levine Julia Liebershon Archie Louis Reuben Peltzman Milton Silverman Phillip Solomon Fannie Spector Rose Stolowy Phillip Wider

26 TEVET - JAN 13 Gussie B. Cohen Yetta Czarlinsky David Diamant Sanford Krug Samene Lesser Otto Sherry Stanley M. Siegel Ben H. Simons Stephen Wavne Lena Wienshienk Shlomo Yeshiahu

Donald Alpert Minnie Bayzman Benjamin Finkle Thomas A. Goldenberg Jennie Gordon Herbert Greenberg Helen Kaufman

Louis Yudkofsky 28 TEVET - JAN 15 Diana Altshuler Sam Berman Tavia Blender Ida Bloom David Brockman Karl Eisemann Jean B. Glazer Abraham J. Granoff David Hadas Herbert Hakan Rose Josephson Daniel Katzman Clara Kraft Jacob Rabenowitz Joseph Ruback Anna Saver Mushi Selichonok Jerry Taube

Samuel Wallman 29 TEVET - JAN 16

Joseph Biederman Pauline Blonsky **Degnie Collins** Leo Eveloff Margaret Goldman William Goodman Stephen J. Greenstein Ruth Hyman Raydelle Josephson Wolf Kort Israel Levin Isaac Lieberman Sherman Rozenblit Sarah Smith Isadore P. Stolov **Richard Wasserman** Anna Wolberg

1 SHEVAT - JAN 17

Joseph Greenblot Essak Levitch David Luke Sophia Matzdorff Abraham Osep Abe Oshry Nat Pfefer Lee D. Seelig Rose Seiffer Marion Stolov Henry Walker

2 SHEVAT - JAN 18

Herman Asotsky Bruce Bovos Della Fox Paul J. Frischer Rebecca Katz Rose S. Kurtz Helen Lieberman Norman Yarmo

3 SHEVAT - JAN 19

Jennie Abend Morris Berman

Marvin Brown Samuel R. Burnstein Beila G. Dorfman Gladys Eisman Barney M. Friedson Bertha Gershon Dora J. Gerson Isaac Gilaus Harry Katz Ksell Kusnetzky Edmund Oelsner Zelda Penner Morris Rolsky Anna R. Rosenblum Milton Shapiro Harry Sheskin Libbie Wallman Lois K. Weiner

4 SHEVAT - JAN 20

Samuel Blond Ida Cohen Martin Finkelstein Martha Forrest Lillian E. Gelb Nathan Golding Kalman Grollman Esther Hoffman Isaac M. Isenberg Rose Kahn Michael H. Katz Bertha Kowolsky Bertha Matters Philip Phillips Ida R. Portman **Richard Rapaport** Rubin Shapiro Max Trossman Sheindel Yukon

5 SHEVAT - JAN 21

Granum Chernoff Ceril Dallen Daniel Davis Helen Eisen Louis Goldman Sarah Jacobson Rose Lefkowitz Jack Meyers Nathan Ńelkin Blanche Pelofsky Norman Weiner

6 SHEVAT - JAN 22

Louis Baranov Eva Cooper Mary Farber Ester Goodman Meyer Grollman Barnev Karbank Rose Katz Rose S. Katzeff Edith Link William S. Litwin Milton Searles Lena Segal Samuel I. Winer

Jake Cohn Evelyn Coleman Molly Epstein Elliof N. Gale Barnett Gottleib Bertha Gutovitz Leon Joseph Louis B. Kalinsky Louis Krashin Melvin E. Krigel Tillie Kusnetzky David Lieber Minnie Miller Bertha Pittell Rebecca L. Schlaifer Abe Sosland Sophia Taxman

7 SHEVAT - JAN 23

8 SHEVAT - JAN 24

Simon Cohen Harry C. Feingold Leo Kaufman Dora Kessler Louis L. Lipszyc William J. Rose Mollie Spitcaufsky Lester Tonopolsky

9 SHEVAT - JAN 25

Sidney Cohen Dorothy Cumonow Frank Joseph Celia Levin Betty Nusbaum William Schlosberg Molly M. Shalet David Sporn Celia Stocker

10 SHEVAT - JAN 26

Claire M. Bell Daniel L. Bortnick Jacob Cohen Israel Finkelstein Sylvia Gershon Solomon Goldberg Marvin M. Greenberg Sheldon Hollub Harry Isenberg Gittel Levin Sara Levitt Jack Louis

Abraham Nisenkier Fannie Ruback Bee Sherman Sam Silverman Fanny Walker Dorothy Chapman

11 SHEVAT - JAN 27

Myrtle H. Cohen David Gottlieb Herman Klutz Sam Laner Bertha Meyer Henry Present

Irving Quito Raymond Rittmaster Harry Sandler Emanuel Schupan Eudice Shlensky Salman Silberman Ida B. Sorkin Rose R. Tibbet

12 SHEVAT - JAN 28

William D. Clayman Harry Cohen Rose Diamond Isadore Glass Joe Greene Dan Indin David Klein Isadore Levitch Solomon Lipsky Phyllis K. Rips Irving Schick Ella Silberman Harry Sokoloff Harris P. Wolfberg

13 SHEVAT - JAN 29

Sarah Abrams Morris Cohen Daniel Fein Ida W. Fox Samuel J Gershon Robert M. Gluck Mary Gordon Emanuel Greenberg Raschi M. Kamen Rose Kanter Eva Kaplan Benjamin Lieberman

14 SHEVAT - JAN 30

Goldie Deiboch Charles Gidinsky Charles Kauffman Harry Milens Jean Peltzie Rheva Spitcaufsky Luba Vinick

15 SHEVAT - JAN 31

Josephine Bernstein Bessie Bratt Steve Duberstein Lewis Hoffman George Krumholz Solomon Michelson Paula Pener Marti Rabin Josephine Rosenblum Eli Rostov Samuel Rostov Frank H. Rotman Phillip Schlaifer Ernest D. Seiden Bessie Shultz Isaac Werby Sam Winette



Todah Rabbah!

נודה רבה

Contributions through December 21, 2017 are listed below. Thank you for thinking of us.

ADA HOFFMAN CAMP RAMAH **SCHOLARSHIP** FUND

In Memory of

Debby Cortés Rita Cortés & Mary McLean Florence Cortés

& Carlos F Cortés Garv Cortés

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W)

Dorothy Bodker Stanley Bodker Elaine Choikhit Steve Choikhit Max Dubin Sol Dubin Dora Freed Randy & Dini Freed Sam Gale Carl Gale Jerry Ginden Maury Rydell David Williams & Rachel Rubin Leebert Glass Janet Leeds llona Gondos Dave & Judy Jacobs Bindie Intrater Bill & Lynn Intrater Dina Jaben Helen & Selwyn Luben D. Jacobson Walter Reed Nathan Jagoda Steven Jagoda Harry Kanter Frieda & Warren Soble Jere Kaufman Sherrie Hunninghake Eugene Kopitnik Shirley Malashock Dorothy Levy Mark Levy Harold Shorr June Miller Susie & Paul Blackman Phyllis Pack Steve & Karen Pack Helene Present Steve Present Sam Price Dr & Mrs Robert Boxer Max Rotman Ross Tonkens Esther & Albert Satz Mark & Toube Searles Barbara Shapiro Judith Shapiro Leonard Shopmaker Nancy Morais Ethel Tabolsky Lea Bell

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Michael & Hue Tran Green

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JANUARY 2018

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Recovery David & Rosalyn Burnstein Lee & Eshter Pearlmutter **Dolores Sosnow** Jay Rozen's BD Mary Weiner's Speedy Recovery

Dolores Sosnow

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& Rhea Salasche

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Beth Shalom Ken Bush Namina of Our

Granddaughter David & Lynne Bock

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Micha Berger Arthur & Maraaret Berger Micah LeRoy Miller

Berman's Birth Myrna Rosenthal

In Memory of

Missy Goldenberg David Williams & Rachel Rubin Paul M. Rosenthal Florence Rosenthal

ROSE S LEVINE & DORIS L FLAM ARTS & **EDUCATION FUND**

In Honor of

Aviva Clauer's BM Ben Fine's BM Estelle Berman

In Memory of

May Shapiro Tibor & Carla Klausner

SANFORD **DUNN MERIT SCHOLARSHIP** FUND FOR STUDY

In Memory of

Florie Dunn Amster Patsy Shanberg

STEIN FAMILY YOUTH FUND

In Memory of Marian Beren

Stewart & Esther Stein

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From the Desk of Bernie Fried

Life Lesson 4: Laughter is the Best Medicine

There's too much unhappiness in this world caused by sadness, pain, misery, heartache, heartbreak, illness, and more. We may grieve because of the loss of a loved one, suffer from a broken heart because of a failed relationship, be tormented by terrible memories that that are forever etched in our mind, or depressed because of an injury or illness. But laughter or simply a smile from someone can help us forget our troubles for a while.

Make someone smile or laugh whenever you can; you never know how much of a difference you could be making in their life at that moment. On May 27, 1995, actor Christopher Reeve suffered a catastrophic accident while competing in an equestrian competition, an accident that left him a quadriplegic. While lying in a hospital bed waiting for surgeons to perform a critical surgery, surgery that would give him a 50-50 chance of survival, he prayed he would die. That is until his good friend comic Robin Williams burst through the hospital room door wearing a yellow surgical gown and blue scrub hat announcing he needed to give him a rectal exam. For the first time since the accident Reeve laughed, and then knew that somehow he was going to be okay. As children's books author Madeline L'Engle said, "A good laugh heals a lot of hurts".

A woman wrote of how seeing the humor in her anxiety and depression helped in her recovery. Her therapist laughed at something she said and quickly told her she wasn't laughing at her, but the situation she was telling her about. The woman started to



feel better about laughing during therapy rather than being serious all the time. She began to see there is healing in laughter.

Journalist Joan Lunden wrote about heartache and heartbreak. She said, "Holding on to anger, resentment, and hurt only gives you tense muscles, a headache, and a sore jaw from clenching your teeth. Forgiveness gives you back the laughter and the lightness in your life."

There is an old Jewish proverb that, "As soap is to the body, so laughter is to the soul". Holocaust survivor Viktor Frankl wrote, "I never would have made it if I could not have laughed. It lifted me momentarily out of this horrible situation, just enough to make it livable."

No matter how bad life may appear, we can always find something to smile and laugh about. We should always try our best to make someone smile when they are troubled. As that famous author Anonymous said, "The most beautiful thing in the world is to see someone smile, and even more beautiful is to know you are the reason behind it".

BERNIE FRIED bfried@bethshalomkc.org

JANUARY Anniversaries

January Anniversaries will be celebrated on January 20.

To sponsor a Kiddush contact Jill, 913-647-7279.

DAY	YEARS	DAY	YEARS	DA	Y YEARS
1 Jonathan & Denise Hankin.	12	6 Mark & Mara La	mbert 10	9	Jimmy & Sonia Rosenbloom 35
1 Jeffrey & Farrah Udell	6	6 Gary & Marcy R	ydell 33	16	William & Jodi Rosenthal
2 Scott & Susan Krigel	41	8 Donald & Sharo	n Cohen 62	20	Andrew & Vicki Widman 16
2 Bryan & Janet Unterhalter .	24	8 David & Amand	a Palan 12	25	Jeffrey & Arlene Misler
2 Victor & Annie Wishna	8	8 Miles & Sally Ros	s40	26	Alec & Emily Weisberg 10
6 Daniel & Brodie Gold	16	9 David & Sylvia R	adasky 46	28	Michael & Sharon Milens 51
				28	Robert & Barbara Palan 50

JANUARY Announcements

Mazal Tov to ...

New grandparents, HANNAH HARRIS & JERRY ENSLEIN on the birth of grandson, Remy Lev.

טבת/שבת RFECEC = Rose Family Early Childhood Education Center

W: L. F 7 •

1	MONDAY NEW YEAR'S DAY Morning Minyan at 8:00 am	12 25 Tevet	FRIDAY 5:00 PM Candle Lighting		SUNDAY PRS Classes Resume
14 Tevet	Administrative Offices Closed No RFECEC Preschool - Winter Break	13 26 Tevet	SATURDAY 6:01 PM Havdalah Shavua Tov! Birthday Shabbat9:30 AM Minchah/Ma'ariv/Havdalah5:00 PM	21 5 Shevat	PRS Confirmation Pictures 9:30 AM PRS Confirmation 12:30 PM Class Meeting 12:30 PM Breaking Bread Fundraiser 6:00 PM Private 6:00 PM Cocktail Hour with Open Bar 6:00 PM Dinner Served 7:00 PM
2 15 Tevet	TUESDAY No RFECEC Preschool - Winter Break				
	WEDNESDAY No PRS Classes	14 27 Tevet	SUNDAY No PRS Classes - MLK Jr. Weekend		
3	RFECEC Resumes Warm Up America 10:00 AM	15	MONDAY - MARTIN LUTHER KING DAY Administrative Offices Closed	22 6 Shevat	MONDAY
J6 Tevet	Sisterhood Downtown Talmud Jam12:00 PM Adult Ed - Reservations are required.	28 Tevet	No RFECEC Preschool - Winter Break	23 7 Shevat	TUESDAY
	Contact Trinity Standridge at tstandridge@bethshalomkc.org	16 29 Tevet		24 ^{8 Shevat}	WEDNESDAY
4 17 Tevet	Lathrop & Gage Downtown Offices THURSDAY	17	WEDNESDAY Talmud Jam South 12:00 PM Adult Ed - Reservations are required. Contact Trinity Standridge at tstandridge@bethshalomkc.org Black & Veatch PRS Parent/Teacher Conferences -	25 9 Shevat	THURSDAY
18 Tevet	FRIDAY 4:53 PM Candle Lighting	17 1 Shevat		26 10 Shevat	FRIDAY RFECEC Teacher In-Service 12:30 PM 5:15 PM Candle Lighting
6 19 Tevet	SATURDAY 5:54 PM Havdalah Shavua Tov! Minchah/Ma'ariv/Havdalah 4:53 PM	18 2 Shevat	No Classes 4:15 PM THURSDAY Peltzman Class 10:00 AM	27 11 Shevat	SATURDAY 6:17 PM Havdalah Shavua Tov! Sisterhood Shabbat
7 20 Tevet	SUNDAY PRS Classes Resume		Adult Ed Conversion Class 6:30 PM		Minchah/Ma'ariv/Havdalah 5:15 P SUNDAY
8	MONDAY CBS BOARD MEETING	19	Adult Ed FRIDAY	28 12 Shevat	PRS Kindergarten Round-Up 10:30 AN
21 Tevet	TUESDAY	3 Shevat	5:07 PM Candle Lighting SATURDAY	29 13 Shevat	MONDAY
22 Tevet	WEDNESDAY	20	6:09 PM Havdalah Shavua Tov! Anniversary Shabbat9:30 AM	30 14 Shevat	TUESDAY Erev Tu B'Shevat
23 Tevet	Sisterhood Board of Directors Meeting	4 Shevat	RFECEC Tot Shabbat 11:00 AM	31	WEDNESDAY Tu B'Shevat
]] 24 Tevet	THURSDAY Peltzman Class		Shabbat Kids' Club 11:00 AM Minchah/Ma'ariv/Havdalah 5:07 PM	15 Shevat	

Candle Lighting Blessing

בִּרוּך אַתָּה ה׳ אֶלֹקֵינוּ מֶלֶך הָעוֹלָם אֲשֶׁר קִדְשָׁנוּ בְּמִצְוֹתִיו וְצוּנוּ לְהַדְלִיק גֵר שֶׁל שַׁבָּת. Barukh ata Adonai Eloheinu melekh ha'olam, asher kiddeshanu b'mitzvotav vetzivanu lehadlik ner shel Shabbat.

January Service Schedule

Shabbat CBS		Weekdays	
	FRIDAY 6:00 pm SATURDAY 9:30 am	Minchah sunday-thursday . 6 рм Shacharit MONDAY-FRIDAY 7 ам	
Minchah Minchah Minchah	SATURDAY 9:30 AM JANUARY 6 4:53 PM JANUARY 13 5:00 PM JANUARY 20 5:07 PM JANUARY 27 5:15 PM	Shabbat Services and Sunday morning Shacharit will be held at CBS, 14200 Lamar. Weekday Minyan will be held at Appleman Synagogue, Village Shalom, 5500 W. 123rd St.	
	SUNDAY 8:00 AM	Please Note: On Tuesday, Wednesday and Fridays, Ohev Sholom will join us for the Morning Minyan.	



בית שלום



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Hazzan Tahl Ben-Yehuda Director of Congregational Learning

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Alan L. Cohen Rabbi Emeritus

Judy Jacks Berman Director, RFECEC

Richard Simon President

Dahlia Berger Scroll Design

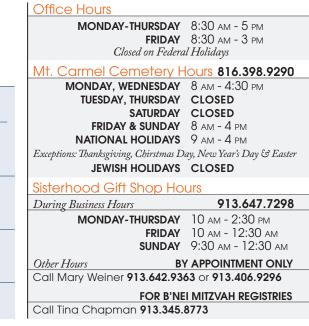
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Congregation Beth Shalom, an egalitarian Conservative synagogue, is a welcoming community of individuals from diverse backgrounds, strengthening connections with God, Torah and the Jewish people through communal commitment to prayer, study and acts of loving kindness.

Coming Attractions

Scroll DeadlineNo PRS ClassesSubmit articles to the Administrative office.February 18January 10 for FebruaryScout ShabbatDowntown Talmud JamFebruary 24February 7KCUSY Purim CarnivalTalmud Jam SouthFebruary 25



Parashat HaShavua For more information, contact Svetlana Sorkin at 913-393-1715 or saraliorasedu@hotmail.com.

Parashat HaShavua is an ongoing, monthly program taking place every third Shabbat of the month at 9:00 am in the conference room. The goal of this program is to engage its participants in a stimulating discussion of the weekly torah portion in a friendly atmosphere, where the difference of opinions is respected and questions are encouraged. The next session will take place on January 20, when PARASHAT BO will be discussed. An informal atmosphere and deep level of discussion are the trademarks of this gathering. No prior experience is required, and everybody is welcome to join.