

SELF GUIDE TO VISITING A JEWISH GRAVESIDE



PRELIMINARY:

- 1. Check with the Cemetery or the website to see if it is open on the day you plan to visit and what restrictions they may have.
- 2. Your head should be covered if you are reciting the prayers
- 3. Feel free to remove any debris and weeds from the grave site.
- 4. It is traditional to place a small stone, rock or seashell on the tombstone.

PRAYERS

1. The first prayer may be your own personal prayer or MEDITATIONS IN MEMORY OF THE DEPARTED

Pages 3 and 4

2. Second prayer is PSALM 23

Page 5

3. Third Prayer is EL MALEI RACHAMIM, which can be read or sung

Page 6

4. The last Prayer is the MOURNERS1 KADDISH

Pages 7 and 8

MEDITATIONS IN MEMORY OF THE DEPARTED for a Father or Husband, Brother or Friend

My dear Father, I am grateful to you for the precious gift of my life. In gratitude, I now renew my resolve to live according to your highest hopes for me and the good values that you taught me. May the memory of you always be a blessing!

My dear Husband, I am grateful for our time together, the joys and sorrows we shared and the life goals that we worked for as one. Most precious are my memories of our happiest days.

"Set me as a seal upon your heart, as a signet on your hand, for love is stronger than death, passion mightier than the grave. Many waters cannot quench love, nor can floods drown it."

(Song of Songs, 8:6-7)

My dear Brother, I am grateful for the happy memories of the days of our childhood, and for love undiminished by the passing of the years. Our lifelong ties of family and friendship create a bond that will never be broken.

My dear Friend, I am grateful for your faithful friendship. Your devotion to me is wonderful in my eyes, and my affection for you is beyond measure. In your reflection I found the best that is in me. Our shared experiences and mutual confidences have sweetened my life and renewed my spirit. Adonai, who may live in Your house, and who may dwell on Your holy mountain? One who lives without blame, who does what is right, and acknowledges the truth in his heart. Who has no slander on his tongue and does no harm to his fellow. He keeps far from a contemptible person, but honors those who revere God. He stands by his oath even to his hurt.

One who lives in this way shall never be shaken. Who is the one who is eager for life, who desires good fortune in his years? Let him guard his tongue from evil, his lips from deceitful speech. Shun evil and do good, seek peace and pursue it.

(from Psalms 15 and 34)

For a Mother or Wife, Sister or Friend

My dear Mother, I am grateful to you for the precious gift of my life. In gratitude, I now renew my resolve to live my life according to your highest hopes for me and the good values which you taught me. May the memory of you always be a blessing!

My dear Wife, I am grateful for our time together, the joys and sorrows we shared and the life goals that we worked for as one. Most precious are my memories of our happiest days. "Set me as a seal upon your heart, as a signet on your hand, for love is stronger than death, passion mightier than the grave. Many waters cannot quench love, nor can floods drown it."

(Song of Songs, 8:6-7)

My dear Sister, I am grateful for the happy memories of the days of our childhood, and for love undiminished by the passing of the years. Our lifelong ties of family and friendship create a bond that will never be broken.

My dear Friend, I am grateful for your faithful friendship. Your devotion to me is wonderful in my eyes, and my affection for you is beyond measure. In your reflection I found the best that is in me. Our shared experiences and mutual confidences have sweetened my life and renewed my spirit. A woman of valor, who can find, for she is more precious than rubies? She perceives that her labor is rewarding; her candle burns on into the night. She reaches out to those in need, and extends her hand to the poor. She is clothed in strength and dignity, and she faces the future cheerfully. She speaks with wisdom; the law of kindness is on her lips. Her children rise up and bless her; her husband sings her praises. "Many daughters have done valiantly, but you excel them all."

Grace is deceptive and beauty is an illusion, but a woman who reveres Adonai is deserving of praise. Extol her for her deeds, and let her works praise her in the gates. (from Proverbs 31)

Psalm 23

תהילים כג

א מָזמְוֹר לְדָוָד יִהֹּנָוה רֻעִּי לְא אֱחְסָר:

ב בּנְאָוֹת דֻשֶׁא יַרְבִּיצֻנִי עַל־מֶי מְנָחְוֹת יִנַהְבֵּלֵנִי:

ג נַפִּשִׁי יִשׁוֹבֶב יַנְחֶנִי בְמַעְגְּלֵי־צֵּׁדֶק לְמָעַן שְׁמוֹ:

ד גַּם כִּי־אֵלֵּדְ בְּגָיא צַלְמָּׁוֶת לֹא־אִּירָא רָע כִּי־אַתָּה עִמָּדִי שִׁבְטְדָ וּמִשְׁעַנְתֶּ הֶמָּה יִנַחַמֻנִי:

ה תַּעֲרָדְ לְפָנֵי | שֻׁלְחָוֹ נָגֶד צֹרְרֶי דִּשֶּׁנְתָ בַשְּׁמֶן רֻאשִׁי כּּוֹסִי רְנָיָה: וֹ אַךְ טְוֹב וָחֶסֶד ֻיִרְדִּפוּנִי כָּל־יִמֶי חַיַּי וִשַּׁבְתִי בִּבֵית ֻיִהוָה לְאַרֶךְ יַמִים:

Traditional version A Psalm of David:

The Lord is my shepherd, I shall not want. He maketh me to lie down in green pastures; He leadeth me beside the still waters. He restoreth my soul. He guideth me in straight paths for His name's sake. Yea, though I walk through the valley of the shadow of death I will fear no evil, for Thou art with me; Thy rod and thy staff, they comfort me. Thou preparest a table before me in the presence of mine enemies; Thou hast anointed my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

Contemporary version
A Psalm of David:

Adonai is my shepherd, I shall not want. You make me lie down in green pastures. You lead me beside still waters.

You restore my soul. You lead me in the path of righteousness for the sake of Your name. Even when I walk in the valley of the shadow of death I shall fear no evil, for You are with me. With rod and staff You comfort me. You have set a table before me in the presence of my enemies. You have anointed my head with oil. My cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of Adonai for ever.

PRAYER FOR THE DEPARTED GOD FULL OF MERCY EL MALEI RAHAMIM

לזכר

אַל מָלֵא רַחֲמִים שׁוֹכֵן בַּמְּרוֹמִים. הַמְצֵא מְנוּחָה נְכוֹנָה תַחַת כַּנְפֵּי הַשְּׁכִינָה. בְּמֵעְלוֹת קְרוֹשִׁים וּטְהוֹרִים כְּּוְהַר הָרָקִיעַ מַוְהִירִים אֶת נִשְׁמֵת (פלוני) בֶּן (פלוני) שֶׁהָלַךְ לְעוֹלָמוֹ. בְּגַן עֵדֶן הְהֵא מְנוּחָתוֹ. אֲנָא בַּעַל הָרַחֲמִים יַסְתִּירֵהוּ בְּמֵתֶר כְּנָפֶיךְ לְעוֹלָמִים. וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת נִשְׁמָתוֹ. יְיָ הוּא נַחֲלָתוֹ וְיָנְוּחַ בְּשָׁלוֹם עַל מִשְׁכָּבוֹ וְנֹאמֵר אָמֵן.

לנקיבה

אַל כְלֵא רַדְּמִים שׁוֹכֵן בַּמְּרוֹמִים. הַמְצֵא מְנוּחָה נְכוֹנָה תַחַת בַּנְפֵי הַשְּׁכִינָה. בְּמֵעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים כְּוְהֵר הָרָקִיעַ מֵוְהִירִים אֶת נִשְׁמַת (פלונית) בַּת (פלוני) שֶׁהָלְכָה לְעוֹלָמָה. בְּגַן עֵדֶן הְהֵא מְנוּחָתָה. אֲנָא בַּעל הָרַחֲמִים יַסְתִּירֶהְ בְּמֵתֶר כְּנָפֶיךְ לְעוֹלָמִים. וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת נִשְׁמָתָה. יְיָ הוּא נַחֲלָתָה. וְתָנְוּחַ בְּשָׁלוֹם עַל מִשְׁכָּבָה וֹנֹאמר אמוֹ.

O God full of mercy, You who dwell on high, grant perfect rest under the wings of Your presence, in the company of the holy and pure ones, to our loved one who has entered eternity. Merciful One, let him/her find refuge for ever in the shadow of Your wings, and let his/her soul be bound up in the bond of eternal life. The Eternal God is his/her inheritance, may he/she rest in peace, and let us say: AMEN

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא בְּעַלְמָא דִּי בְרָא כִרְעוּתֵה, וְיַמְלִיךְ מַלכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִוְמֵן קָרִיב, וְאִמְרוּ אָמֵן.

יְהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלֵם וּלְעָלְמֵי עָלְמֵיָא.

יִתְבָּרֵךְ וְיִשְׁתַּבַּח, וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעֵלֶה וְיִתְהַלָּל שְׁמֵה דְּקְדְשָׁא, בְּרִיךְ הוּא. לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תִּשְׁבְּחָתָא וְנֶחֲמָתָא דִּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמֵיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

Translation of the Kaddish Prayer

Let the glory of God be extolled, let God's great name be hallowed, in the world whose creation God willed. May God's rule soon prevail, in our own day, our own lives, and the life of all Israel, and let us say: Amen.

Let God's great name be blessed forever and ever. Let the name of the Blessed Holy One be glorified, exalted and honored, though God is above all the praises, songs and adorations that we can utter, and let us say: Amen.

For us and all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens let peace descend upon us, on all Israel, and all the world, and let us say: Amen.

SEPHARDIC TRANSLITERATION OF KADDISH

Yit-gadal v'yit-kadash sh'mei rabba, b'al-ma dee-v'ra keer-u-teh, v'yam-likh mal-khu-teh, b'hayye-khon uv'yo-may-khon uv'ha-yeh d'khol belt Yisrael, ba'agalah u'veez-man ka-reev v'imru Amen.

Y'hei sh'mei rabba m'va-rakh 1'a-lam ul'al-may al-maya. Yit-ba-rakh, v'yish-ta-bakh, v'yit-pa'ar, v'yit-ro-mam, v'yit-na-seh, v'yit-ha-dar, v'yit-'a-leh, v'yit-ha-lahl sh'mei d'kud'sha b'rikh hu. l'ei-la min kol bir-kha-ta v'shi-ra-ta, toosh-b'kha-ta v'ne-khe-ma-ta, da'ami-ran b'al-ma v'imru Amen.

Y'hei sh'lama rabba min sh'ma-ya, v'hay-yim aleinu v'al kol Yisrael v'imru Amen.

Oseh shalom bim-ro-mahv, hu ya'a-seh shalom aleinu v'al kol Yisrael, v'imru Amen.

ASHKENAZIC TRANSLITERATION OF KADDISH

Yis-gadal v'yis-kadash sh'me rabbo, b'olmo deevro kir-u-seh v'yam-likh mal-khu-seh, b'ha-ye-khon uv-yo-me-khon, uv'ha-yey d'khol beys Yisroel, ba'agolo uviz-man ko-reev v'imru Omen.

Y'hei sh'meh rabbo m'vorakh 1'olam ul'olmey ol-ma-yo. Yis-bo-rakh v'yish-tabakh v'yis-po-ar v'yis-ro-mam v'yis-na-seh, v'yis-hador v'yis-aleh v-yis-ha-lol sh'mei d'kud-sho b'reekh hu, 1'elo min kol bir-kho-so v'shi-ro-so tush-b-kho-so v'ne-khe-mo-so da'ami-ron b'olmo, v'imru Omen.

Yis-bo-rakh v'yish-tabakh v'yis-po-ar v'yis-ro-mam v'yis-na-seh, v'yishador v'yis-aleh v-yis-ha-lol sh'mei d'kud-sho b'reekh hu, 1'elo min kol bir-kho-so v'shi-ro-so tush-b-kho-so v'ne-khe-mo-so da'ami-ron b'olmo, v'imru Omen.

Y'hei sh'lomo rabbo min sh'mayo v'hay-yim olenu v'al kol Yisroel, v'imru Omen.

Oseh sholom bim-ro-mov, hu ya-aseh sholom olenu v'al kol Yisroel, v'imru Omen.

Mount Carmel Cemetery for Beth Shalom

5529 Ditzler Road Raytown, MO 64133

Phone: 816-361-4495

Hours

Monday & Wednesday: 8 a.m.-4:00 p.m. Tuesday & Thursday: Closed Friday & Sunday - 8 a.m.-4 p.m. Saturday - Closed

Exceptions

Jewish Holidays - Closed all Day National Holidays - Closes at 4 p.m. Exceptions: Thanksgiving Day - Closed all Day Christmas Day - Closed all Day New Year's Day - Closed all Day